

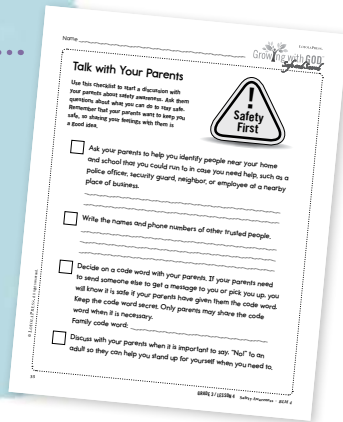
Safety Awareness

How to Recognize Unsafe Situations

Your child can learn to recognize unsafe situations when they arise. Talk with your child about how not all adults can be trusted. Discuss examples of untrustworthy adult behavior, such as telling a child to keep a secret or encouraging a child to disobey a parent. Encourage your child to let you know immediately if he or she ever feels unsafe around another person.

Family Safety Plan

Take some time to complete the Talk with Your Parents handout to make a family safety plan. Encourage your child to ask questions. Answer any questions as directly as you can.



Escaping Unsafe Situations

Your child can have a plan for escaping potentially unsafe situations. Explain that it is always helpful to be prepared in case an unsafe situation arises. Review the *No-Go-Yell-Tell* strategy:

- Say, “No!”
- Go to a safe place as fast as you can.
- Yell or make noise to get the attention of people who can help.
- Tell a trusted adult.



God Gives Us Wisdom and Courage

God gives us wisdom and courage to act boldly to keep ourselves safe and follow God’s will. Remind your child of these gifts and talk about times you have seen him or her show wisdom and courage. Pray to God together, asking him to strengthen these gifts in your child.



Name _____

Talk with Your Parents

Use this checklist to start a discussion with your parents about safety awareness. Ask them questions about what you can do to stay safe. Remember that your parents want to keep you safe, so sharing your feelings with them is a good idea.



- Ask your parents to help you identify people near your home and school that you could run to in case you need help, such as a police officer, security guard, neighbor, or employee at a nearby place of business.

- Write the names and phone numbers of other trusted people.

- Decide on a code word with your parents. If your parents need to send someone else to get a message to you or pick you up, you will know it is safe if your parents have given them the code word. Keep the code word secret. Only parents may share the code word when it is necessary.

Family code word: _____

- Discuss with your parents when it is important to say, “No!” to an adult so they can help you stand up for yourself when you need to.